

Jesus is the Light of the World

Attention Grabber:

Go to a very dark room in your house and have your children look around (closet, laundry room etc.) and turn off all the lights

Ask your children: what can you see in the darkness? (then call out an object and ask your child if they can remember where it is) for example can you remember where the tissue box is.

Then add a light (flashlight, glowstick, candle etc.)

Core Bible:

In the Bible Jesus says:

"I am the light of the world. Whoever follows me will never walk-in darkness but will have the light of life."

Ask: what do you think that means?

Sin is like darkness—it makes everything hard to see!

When we have light, we can see

Set up an obstacle course in your house (it can be simple!)

Have your child start at one end of the obstacle course but have them be blindfolded.

Now have your child try to get to the other end of the course

Have them do it a second time when they can see

**you can also do this at night—do one round in the dark and another round with a child using a flashlight.

Jesus helps us to see where we are going!

Game:

Option #1: Red light green light (cut out a red and green circle) have one person stand at the end of the room—everyone else will stand on the opposite side. The person with the lights will hold up green light to move and everyone will move

toward them. But when the person holds up the red light everyone needs to freeze!

Option 2: flashlight tag choose one person to be it. Turn out all the lights and have the it person try and tag everyone else by shining the flashlight on them.

Activity:

Make a tin can luminary

Instructions: get an empty tin can and fill it with water—freeze the can

Print out a template (attached in another document) and tape it on. Use a hammer and nails to make the design.

You can fill it with an electric tea light, a glow stick, or a flashlight 😊

