

# Jesus calms the storm

## UPPER Elementary Lesson Plan

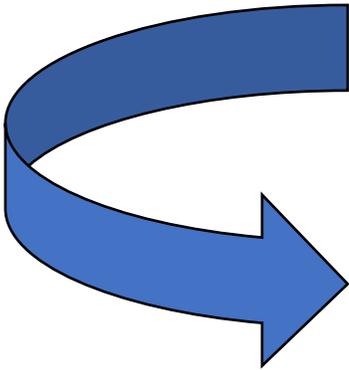
### ENGAGE:



*Materials needed: blindfold, piece of paper*

Get your family together and place a piece of paper at one end of the room. Choose someone from your family and place a blindfold on them. Spin them around a few times and have them try and place their pointer finger on the paper.

Allow everyone who wants a turn to get a turn.



ASK: HOW DO YOU FEEL WHEN THINGS SEEM "DIZZY" OR "OUT OF CONTROL" AND YOU CAN'T SEE DIRECTLY AHEAD OF YOU?



# Read

*Materials needed: Bible [if you do not have a Bible at home you can find the Bible on an App or the internet. I would suggest the Easy to Read version on Bible Gateway.]*

OPEN YOUR BIBLES TO → MARK CHAPTER 4 VERSE 35

CHOOSE ONE PERSON IN YOUR FAMILY TO READ MARK 4 VERSE 35-36 ALOUD

HAVE ANOTHER PERSON READ VERSE 37-38

- ASK: WHY DO YOU THINK JESUS WAS SLEEPING DURING THE STORM?
- ASK: HOW DID HIS FRIENDS FEEL?

CHOOSE ANOTHER PERSON TO READ ALOUD VERSE 39 AND 40

- WHAT WAS JESUS' RESPONSE TO THE STORM?
- WHAT WAS JESUS' RESPONSE TO HIS FRIENDS?

LASTLY READ ALOUD VERSE 41

Say: Jesus' friends feared the storm- BUT Jesus was with them, not only was Jesus with them but Jesus was in CONTROL of the storm!



# Think about it...

- Jesus had the power to STOP the wind and the waves
- WE worship the same Jesus who STOPPED the winds and the waves!
- WE can trust that Jesus is powerful enough to stop this virus from spreading, to protect our families and to bring healing to our world.

....But like the disciples we can still feel scared—even when we know Jesus is with us → the disciples called to Jesus when they were afraid.....

How can we call on Jesus now?

TWO WAYS WE CAN DO THIS:



PRAYER



PRAISE

# Praise!

***Materials needed: YouTube, piece of paper or post it, crayons/markers or pencils***

Have a piece of paper or post it not in front of you. Either draw or write what makes you most upset about the current situation with the coronavirus.

List to the song: OCEANS (Where feet may fail) Lyric Video by Hillsong Kids on YouTube

As you listen to this song and write this down, pray about it give this concern to God by crumpling up your paper and throwing it in the trash. Do this as a symbol of giving over your worry to God.

***Lift your voices as a family and sing the song together. You can also lift your voices together and sing another favorite worship song.***

# PRAY

*Materials needed: poster board (or paper), pencils, post it notes (optional)*

If you have poster board at home divide the board into two parts:

<u>GOD HELP</u>	<u>YAY GOD</u>

Together have each person write a concern (regarding COVID-19 or in general) on the God help column

*Examples: help the health care workers, help use to be able to do more activities again, keep our family safe, help stop this virus from spreading etc.*

Have them think of “Yay God’s” or things they are thankful for:

*Example: yay God for food, yay God we have a house and have a safe place to be etc.*

If you have post it notes it would be great to see how God answers prayers of the next few weeks. You can move the post it notes from “God help” to YAY God column each time you see an answered prayer.

# Enrichment activities

You can chose one or both of these if you'd like

## 1.) ORAGAMI BOATS

MATERIALS NEEDED: PAPER

**See:** Jesus Calms the Storm Object Lesson / Origami Boat / Mark 4:35-41  
From Better Bible Teacher on Youtube



## 2.) TIN FOIL BOATS

MATERIALS NEEDED: TIN FOIL, PENNIES, WATER

Directions: a lot a certain amount of time to make a boat out of tin foil. See whose boat can hold the most pennies by adding in one pennie at a time. You can make this a fun and friendly family “challenge” between parents and kids or teams of siblings and parents

# Tin Foil Boat Ideas for the STEM Penny Challenge



